**Returning to a Walk Leader role**

Use this graphic to help you make a more informed decision about whether you feel able to return to leading Health Walks and what you should do next. ***All Volunteers should follow Government advice, those who are feeling unwell or who have been in contact with a someone with COVID-19 in the last 10 days should not put others at risk by leading or attending Health Walks. If you still wish to volunteer in some way, consider with your coordinator, or group, how you could support the project in a different way in the meantime.***

At the moment, do you feel ready to resume your Walk Leader role?

No

Yes

Not sure

Is your group currently supported by a coordinator or a managing organisation?

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Read our Volunteer Guidance on restarting Health Walks

No

Do you now feel ready to resume your Walk Leader role?

Yes

No

Yes

Yes

No

Tell your fellow Walk Leaders (and walkers if appropriate) that you will not be able to lead walks at this time.

If you would like to, you may be able to support the project in other ways or at a later stage.   
  
Let your [Development Officer](https://www.pathsforall.org.uk/mediaLibrary/other/english/shwn-meet-your-development-team-1.docx) at Paths for All know if your group will not be resuming walks at this time.

To keep in touch with us, sign up to our Enews [here](https://www.pathsforall.org.uk/subscribe). Thank you for the time you have given to help get Scotland walking!

Let your project coordinator know you can’t return to volunteer at the present time.

If you would like to, you may be able to support the project in other ways or lead walks again at a later stage.

Let the project know if you would like to stay in touch and, to keep in touch with us, sign up to our E-news [here](https://www.pathsforall.org.uk/subscribe).   
  
Thank you for the time you have given to help get Scotland walking!

Welcome back! Thank you for getting Scotland walking. Use our Volunteer Guidance, as well as the guidance provided on our website to start conversations about resuming Health Walks with your fellow volunteers.

Gather an understanding of the needs and challenges relevant to you locally and formulate new operating procedures which should be revised as guidance changes. Remember you can stop walks at anytime if you feel uncomfortable or at risk. Use our Coordinator Slack channel or contact your [Development Officer](https://www.pathsforall.org.uk/mediaLibrary/other/english/shwn-meet-your-development-team-1.docx) if you need support.

Welcome back! Thank you for getting Scotland walking.

Let your local coordinator know you’d like to restart your role when possible and they will outline the local context and your next steps.

If you haven’t already done so, you can read our Volunteer Guidance document for practical advice. Raise any queries with your project coordinator in the first instance.