

“Humans Of The Walk is a portrait photography exhibition that captures the faces and stories of people who champion everyday walking.”

About Paths for All

Paths for All's aim is to significantly increase the number of people who choose to walk in Scotland—whether that's leisure walking or active-choice walking to work, school or the shops. The charity works to create more opportunities and better environments not just for walking, but also for cycling and other activities to help make Scotland a more active, more prosperous and greener country.

Paths for All's focus is clear: it wants to get Scotland walking: everyone, everyday, everywhere.

Everyday walking refers to walking that's regular, easy and local that can be part of daily routines and family life. It's walking that's relevant and accessible to us all.

About CollectiveF8

Bonding over their passion for photography and their shared experience of being female artists, CollectiveF8 is currently based at Edinburgh College of Art.

The collective's primary concern is addressing social issues and inciting change through the universal language that photographs speak.

The group joined forces as they realised they worked well together in the studio, and wanted to push each other's work further by creating interesting opportunities to collaborate and present art.

CollectiveF8 embodies the belief that the best way for women to progress in society is by working together and celebrating their achievements.

Each coming from a different background, the students bring their individual perspectives and unique artistic talent to the table, and aim to support each other as they discover who they are as an artist at ECA.

The group is made up of Amber Brown, Izzie Budler, Louise Burns, Lucy Fradley, Anna Hunter, Amy Iona, Emily Lynch and Serina Ma.

HUMANS
OF THE
WALK

Contact Us

#HumansOfTheWalk

 www.pathsforall.org.uk

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Portrait Photography

Exhibition 2019

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1/11

Striding Through the Concrete Jungle

Walker: Paul, 22
Photographer: Anna Hunter

"I'm quite claustrophobic so I prefer to be outside. I enjoy the two-hour walk to university every day - I'd rather walk than commute or get a car. I use walking to problem solve, really. It's my time to think. It's a stress reliever from uni work."

2/11

A walk Amongst the Tenements

Walker: Grace, 21
Photographer: Lucy Fradley

"I used to be a dancer. I danced everything from ballet, to ballroom, to tap. When I was 16 I got an injury and had to stop. I suffered from some mental health issues after that. It wasn't easy letting go of dance. But being out and about and keeping active has really helped me"

3/11

Life Step-by-Step

Walker: Elaine, 56
Photographer: Louise Burns

"Walking has got me through some difficult times in life. One of my friends was dying of cancer and walking really helped me cope. It's therapeutic."

4/11

The Detail is in Presence

Walker: Eric, 70
Photographer: Louise Burns

"I'm never stuck in my head on my walks - I just take in the scenery. Even if you do the same walk, every day, you can always notice something different in nature."

5/11

Bonds

Walker: Deborah, 35 & Emma, 9 months
Photographer: Anna Hunter

"I used to love going to the local buggy walks when I was on maternity leave and so did Emma. She'd always wake up an hour early on a Monday because she knew we were going."

6/11

Nature's Healing

Walker: Sarah, 34 & Karine, 34
Photographer: Amber Brown

"Five years ago, my wife Karine was diagnosed with Multiple Sclerosis, Going on walks together has been an incredible tool in helping to manage the pain and mental health difficulties that can come with the condition."

7/11

Summer Night Sky

Walker: Sorrel, 21
Photographer: Izzie Budler

"I like going out for walks with my friends, I'll just send them a text and say 'fancy it?' and we'll go up Blackford Hill or something."

8/11

Choosing Simple Pleasures

Walker: Anne Marie, 56
Photographer: Anna Hunter

"I live about six miles outside the centre of Glasgow and have an hour's commute into the city every day. I could cut my journey in half if I took the car, but I never do."

9/11

Safe and Steady

Walker: Sakina, 71
Photographer: Serina Ma

"Thursday afternoons are my only chance to go out walking because I can't go by myself. I have a hip problem and don't feel steady on my feet. I go out with Milan Senior Welfare Organisation and it's my favourite time of the week."

10/11

Skip and Step

Walker: Ailsa, 8
Photographer: Louise Burns

"I like walking to the play park, but I really love when my friends walk there together. We talk about what we're going to play on and we get really excited and start skipping."

11/11

A Home Away from Home

Walker: Ved, 83
Photographer: Serina Ma

"When I came back from visiting my home in India, I found myself in a very low place because I missed it so much. But walking with the group helped me cope and get back to feeling like my old happy, bubbly self. Walking is a part of my weekly routine both alone and together with the Milan Senior Welfare Organisation."

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