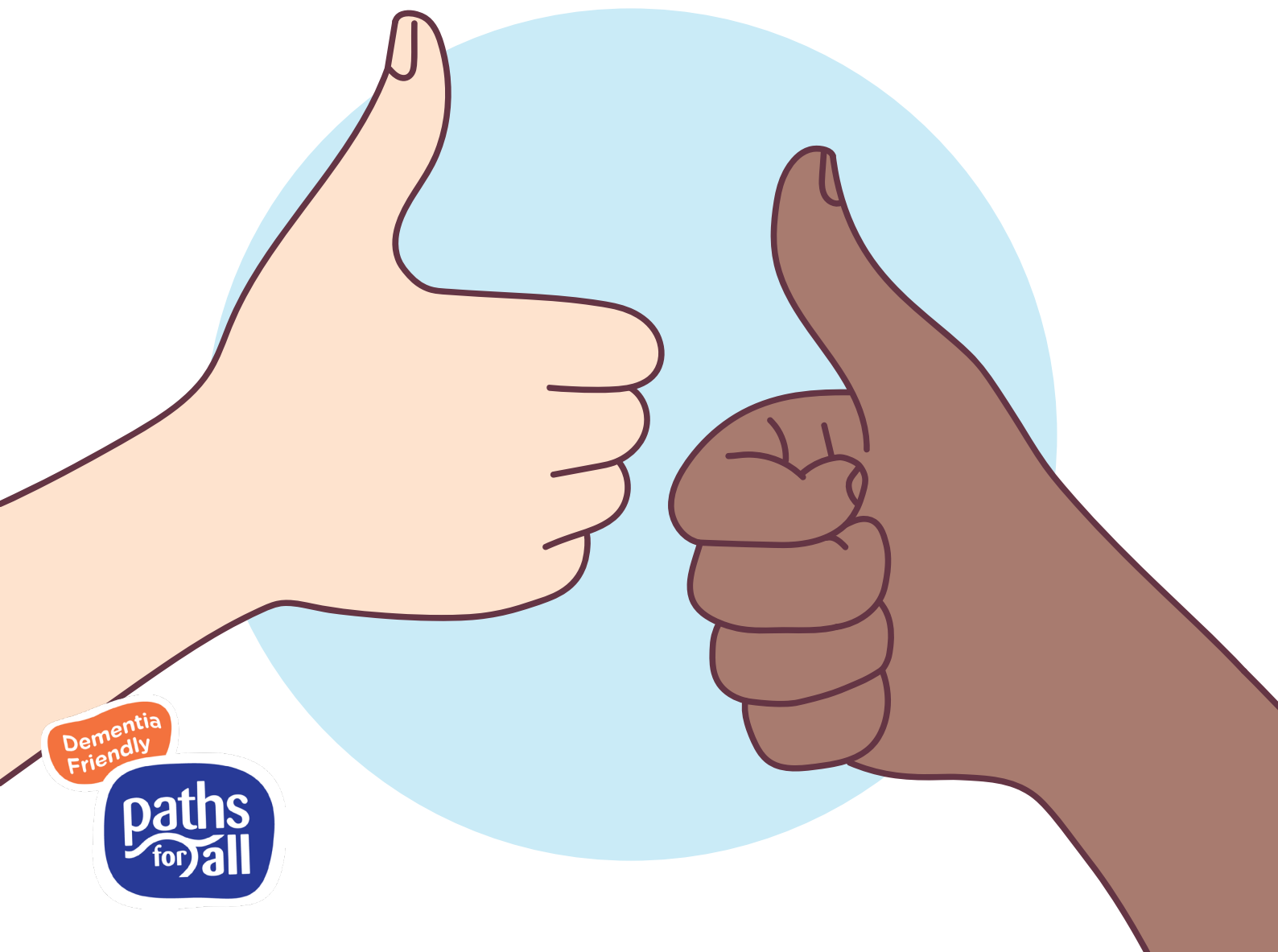


you're almost there!

don't give up now!



Dementia
Friendly

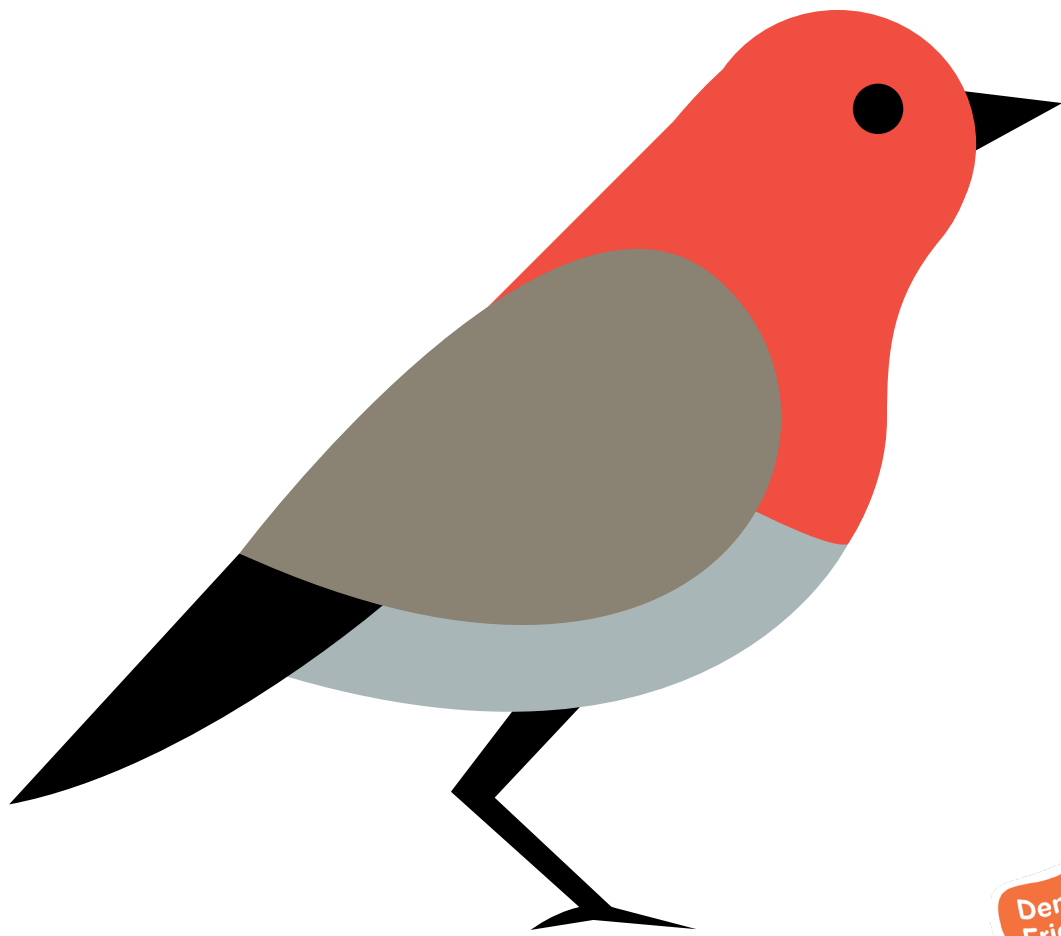
paths
for all

smell the flowers



listen to the birds

enjoy the simple things



keep going!

You are doing great!



stop for a blether

there's plenty of time



have a rest

take your time



walk together

and enjoy the company



Dementia
Friendly

paths
for all

get some fresh air

it's great to get out

