




<b>Name</b>	
<b>My Goal</b>	

Week Commencing:	Number of steps walked today: 	Where did you go walking today?  
<b>Monday</b>		
<b>Tuesday</b>		
<b>Wednesday</b>		
<b>Thursday</b>		
<b>Friday</b>		
<b>Saturday</b>		
<b>Sunday</b>		

<b>Total number of steps walked this week</b>	
<b>What did you like about your walks this week?</b>	



**WELL DONE!**

You have completed this week's movement activities. Remember to put a new poster on your wall for next week.