

# The Scottish Health Walk Network



## What is the Scottish Health Walk Network?

The network formally recognises all the organisations and projects who deliver Health Walks in Scotland. It brings together over 100 projects of all shapes and sizes, all with the common goal of creating a happier and healthier Scotland by supporting communities to walk more.

As a network we can strengthen our messages, increase our impact and improve our support to organisations delivering walking opportunities in Scotland. Paths for All manages the network, providing regular communications, updates and opportunities.

Members of our network enjoy the following benefits:

- Formal accreditation as a member of the network and use of our branding
- Bespoke [Development Officer](#) support
- Access to grant funding
- A suite of training opportunities available to volunteers and coordinators
- Public liability and professional indemnity insurance for trained volunteers
- Use of the Medical Protection Society statement of support
- Use of the online Walkers Database to record project statistics
- Walks listed on the ['Join a Health Walk' web tool and interactive map](#)
- Regular communications via [eNews and Footnotes](#)
- Inclusion in national awards opportunities
- Networking opportunities for Coordinators and Volunteers
- Access to members only online guidance, volunteer resources & walking promotion materials

In order to join our network, we ask that projects commit to the following:

- All walk leaders complete our Paths for All Walk Leader course
- All walks will be risk assessed
- Your project has a policy for the protection of children and vulnerable adults in place
- All new walkers will complete a New Walker Form for entry onto our national Walkers' Database

If you currently provide Health Walks and would like to join our network, contact the [Development Officer](#) for your area or sign up to our network using [this form](#).