



## Walk Leader agreement

1. We will always try to make the walk safe for you by doing a risk assessment
2. We will describe the route and any hazards to you before we start walking and will let you decide how far you want to walk
3. We will try to make sure that all staff and volunteers have done the Paths for All Walk Leader training course
4. We will try to find a walk that is suitable for everyone

**As walkers and Walk Leaders  
we agree to respect each other**



## Walker agreement

1. I will only do the walk if I am fit enough. If I have any concerns about this I will talk to a Walk Leader or a health professional
2. I will tell Walk Leader if I feel unwell while out on a walk
3. I will let a Walk Leader know if I am leaving the walk before it has ended
4. It is up to me to make sure I can do the Health Walk safely
5. I understand that I come on a Health Walk at my own risk

### **As walkers and Walk Leaders we agree to respect each other**

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