

Community Paths Training Courses 2018/2019



paths
for all

FOR A HAPPIER,
HEALTHIER SCOTLAND

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Dualchas Nàdair na h-Alba

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Need help to get your community path project off the ground?

Our Community Path training courses cover all the key planning and management stages involved in any community path project, so you can pick the courses that best suit your specific needs and level of experience.

We are offering community organisations the opportunity to receive free training on their door step in 2018/19 and on a date that suits you by hosting one of the following training courses:

- **Managing your community path project**

Learn how to design and manage a path construction project.

- **Maintaining your community paths**

Learn how to plan, organise and undertake practical maintenance tasks.

The morning session of the course is classroom based whilst the afternoon session will be outdoors working on a local path.

- **Funding your community path project**

Learn how to prepare and write better funding applications, share your experience and learn from others.

- **Pollinating your community paths**

Learn how to manage paths in a way that increases biodiversity and the opportunities for people to get involved in your path project.

- **Grading your community paths**

Learn about the new path grading system and how you can use it on your community paths.

- **Promoting your community paths**

Learn how to engage new audiences, attract new volunteers and funding to your project.

How it works

Once we agree the course content and the date of the course with you, we will give you three weeks to make a group booking of up to a maximum of 20 people on the course.

If there are still spaces available on the course after this time we will open the course up to other groups and advertise it through our website and mailing list.

Paths for All will cover all the costs associated with the training course, all we need you to do is to identify:

- A suitable venue
- A catering supplier
- A local path to use as part of the course which you have the landowners permission to work on.

Venue

The venue needs to be:

- available between 9am - 5pm
- big enough to comfortably hold at least twenty people, with room for small groups to work on tables during breakout sessions.
- in close proximity to a path that needs some work carried out on it.
- fully accessible.
- easily accessible – preferably close to a train / bus station and has free parking spaces.

Catering

You need to help us identify a caterer who will be able to supply us with:

- Tea and coffee on arrival
- Tea / coffee break / biscuits
- Lunch - soup and sandwiches or finger buffet
- Tea / coffee break

Pre-course meeting

We will arrange to meet with you at least 3 weeks before the course to have a look at the venue / path and to finalise any outstanding details with you.

If you feel that you can meet these requirements, please get in touch with us on: 01259 218 888 or communitypaths@pathsforall.org.uk

Training Course programmes

The following provides an overview of the content of each course we can offer you. However, we can amend our courses to suit your specific needs.

Managing your community path project

This course is designed to give you an overview of the key stages involved in the planning, development and delivery of any community path project.

What will I learn?

You will learn how to:

- Develop the skills and techniques to be able to carry out a path survey
- An understanding of the different elements to path planning
- Be aware of good path development and management
- Increased ability to plan a path project successfully

What to bring and wear on the day?

This course will involve an outdoor site visit. Please bring appropriate outdoor clothing and wear suitable footwear.

Programme:

- 10.00** Welcome
- 10.30** Introduction to Path Surveys
- 11.00** Break (refreshments)
- 11.15** Practical Path Surveying (outdoors)
- 13.00** Lunch
- 13:45** Path Design
- 14.45** Break (refreshments)
- 15.00** Managing your community path project
- 15.50** Evaluation
- 16:00** Close

Maintaining your community paths

This course is a must for any community organisation who want to work with volunteers to upgrade or maintain community paths.

Learn about the tools you need to get the job done, how to organise volunteer work days and get hands on experience of upgrading a path.

What will I learn?

You will learn how to:

- Safely use hand and small power tools
- Repair and build paths
- Organise volunteer work days

What to wear and bring on the day

This outdoor course involves physical work. You will need to wear appropriate clothing and sturdy footwear, preferably steel toe-capped.

Programme:

10:00	Welcome & introductions
10:20	An introduction to path maintenance
10:45	Refreshment Break
11:00	Maintenance Planning
12:00	Working with Volunteers
13:00	Lunch
13:45	Practical Session
15:00	Refreshment Break
15:30	Review
16:00	Close

Funding your community path project

This course will help you to prepare and write better funding applications and give you the opportunity to share your experience and learn from others.

What will I learn?

You will learn how to:

- Identify the need for your project
- Create clear aims and outcomes
- Monitor and evaluate the difference your project will make

What to bring

If you are currently working on a funding application or proposal, please bring it along on the day.

Programme:

10:00	Welcome & introductions
10:15	It's all about you
11:15	Refreshment break
11:30	What will your project do?
12:45	Lunch
13:30	Meet a funder
14:15	What difference will it make?
14:45	How much will it all cost?
15:00	Refreshment break
15:15	Finding the right funds for you
15:45	Evaluation
16:00	Close

Pollinating your Community Paths

Well maintained path networks have the potential to become wildlife corridors, transporting wildlife as well as people.

This course is a must for anyone interested in designing and maintaining paths. Learn how to manage paths in a way that increases biodiversity and increases the opportunities for people to get involved in your community path project.

What will I learn?

- Matters to consider before any habitat management works commence
- What can be done to improve habitats during routine path maintenance
- How habitat improvements can be integrated into new build paths
- Realising the added value a 'greener' path will bring
- Visit a 'live' site to learn more about the enhancement/management techniques used and why
- Know where to start looking for further information and support

What to bring and wear on the day?

This course will involve an outdoor site visit. Please bring appropriate outdoor clothing and wear suitable footwear.

Programme:

10:00	Welcome & introductions
10:10	A brief overview of the course and an opportunity to ask people what they hope to get out of the day.
10:25	What is path greening and what can it look like.
10:40	Group working session, what benefits do you think path greening could bring to path projects.
10:55	Refreshment break
11:15	What do we need to consider before we start carrying out habitat management.
11:35	Group working session discussing scenarios
12:00	Presentations
12:25	Lunch
13:00	Site visits
15:00	Links to further advice
15:30	Final questions and answers; course evaluation
16:00	Close

Grading your community paths

This course that will provide you with an understanding of the new path grading system; who it is aimed at; and the skills to grade paths consistently. There will also be an opportunity to grade and test a route.

What will I learn?

- Improved understanding of the aims of the path grading system.
- Increased knowledge of the six elements that make up the path grading system.
- Increased knowledge and skills to survey a path using the new system.
- Improved knowledge of path grading design guidelines.

What to bring and wear on the day?

This course will involve an outdoor site visit. Please bring appropriate outdoor clothing and wear suitable footwear.

Programme:

10.00	Welcome & introductions
10:15	What is the new system and how does it work?
10:30	Talking technical - Looking at the technical parameters of path surface and gradient.
11:45	Path survey exercise - A chance to try out the system on a local path.
12:45	Lunch
13.30	Distance and time - Recommendations for expressing distance and time.
13:45	Name and promotion - The name for a path, and how it's described, are important factors in helping visitors decide whether they want to use it.
14.15	Try it out. A practical exercise bringing together all the elements of the system.
15.00	Graphic presentation - A look at the conventions recommended for graphic design.
15:30	Final questions and answers; course evaluation
16:00	Close

Promoting your community paths

Are you looking to engage audiences and promote your path project? Perhaps you're trying to get volunteers involved, get support from your local community or attract new funding.

This training course is for anyone involved in developing a new path project or looking after an existing path.

What will I learn?

- The different types of promotional tools that can be used to promote your path project and the pro's and cons to each.
- What needs to be taken into consideration to ensure that you are successful in promoting your project.
- How to get the most out of your path promotional activities and what good promotion means for your group.
- You will gain hands on experience of using the different media tools discussed during the course on the day.

What to bring and wear on the day?

You will be inside for most of the day so please wear comfortable clothes. A smart phone or tablet might be useful for the practical session but it's not essential that everyone brings one.

Programme:

10:00	Welcome & introductions
10:20	Why should we consider promoting our path projects?
10:35	Different methods in which projects could be promoted, the pro's and cons to each
11:00	Refreshments
11:15	The promotional tools that Paths for All use
11:40	How would you promote this path project scenario?
12:15	Lunch
13:05	Introduction to the afternoon workshops
13:15	Workshops (1) online promotion, (2) creating videos (3) paper-based promotion.
15:00	Preparing your next piece of promotional material
15:30	Summary and evaluation.
16:00	Close