



FOR A HAPPIER,
HEALTHIER SCOTLAND

Guidance

Producing Active & Sustainable Travel Directions for Staff and Visitors

Contents

	Page
Introduction	3
Why encourage active and sustainable travel?	3
Things to consider	4
Connections to other places	5
Active travel facilities at your premises	5
Links to useful information	5
Choosing off-premises event venues	7
Other resources	7
Active & sustainable travel directions checklist	8
Example: Paths for All Active & Sustainable Travel Directions	10

Active & Sustainable Travel

How to produce active & sustainable travel directions for your visitors and staff

Introduction

This guidance will help you to provide travel directions that encourage staff and visitors to walk, cycle and use public transport to your premises. Organisations that encourage active travel will be helping to meet their corporate responsibility policies, will reduce demand for car parking provision and will have healthier staff with less sickness absence. Encouraging active and sustainable travel can also contribute to the development of a travel plan for your organisation's premises.

Why encourage active and sustainable travel?

Walking and cycling for everyday short journeys is the easiest and cheapest way of building more physical activity into busy lives. It will help to protect against physical ill health and helps to maintain good mental health.

The newly published Walking Strategy for Scotland "Let's get Scotland walking" presents a vision of a Scotland where everyone benefits from walking as part of their everyday journeys, enjoys walking in the outdoors and where places are well designed to encourage walking. The Cycling Action Plan for Scotland (2013) aspires to 10% of all everyday journeys taken by bike by 2020.

Physical inactivity results in around 2,500 premature deaths in Scotland each year (that is 7 a day), costs the NHS in Scotland around £91 million annually and is the second biggest cause of mortality (joint with smoking, after high blood pressure)^{1, 2}. Furthermore it is estimated that getting Scotland active would increase life expectancy by more than a year given our current inactivity levels. Organisations and employers can help by encouraging staff and visitors to travel by foot, bike and public transport, rather than using the car. Walking or cycling to and from the bus or train will still help to increase levels of physical activity

Adults should aim to be active daily. Over a week, activity should add up to at least 150 minutes (2½ hours) of moderate intensity activity in bouts of 10 minutes or more – one way to approach this is to do 30 minutes on at least 5 days a week. (Start Active, Stay Active report).

The other benefits of reducing car use includes reduced transport emissions, cleaner air, less noise pollution, less traffic congestion and less pressure on parking. It all adds up to a better environment for all and helps to tackle global climate change.

¹ Blair S.N. (2009) Physical inactivity: the biggest public health problem of the 21st century. British Journal of Sports Medicine; 43:1–2.

² Khan K.M, Tunajji H.A. (2011) As different as Venus from Mars. British Journal of Sports Medicine; 45:759–60.

Things to consider

Start with the assumption that people have no knowledge of how to get to your premises by foot, cycle or public transport. Then consider what information they will need to be confident in making such trips. The more detail about routes the better and don't forget to include points about local features of interest.

Order your travel guidance in accordance with the sustainable transport hierarchy - starting with walking, then cycling, then public transport (because there is usually a walk at each end of the journey) and finally car travel. It is important to provide helpful information for those car journeys that cannot be avoided, but put information about driving and parking last, so that the healthier ways to travel are given priority.

In general, up to two miles is a reasonable walking distance for many people and up to five miles is reasonable by bike.

An overview map showing the location of your premises relative to the local area, including train and bus stations, will be helpful. For rural locations in particular, bus and train stations will be the point of reference for more detailed route information to your premises.

For both walking and cycling include information on:

- Distance (in miles and kilometres) from the main public transport hubs or other main point of reference.
- Approximate duration of trip – at moderate pace/speed.
- Terrain – is it flat or hilly; give an idea of the extent of any inclines.
- Surface – will people be travelling on sealed tarmac pavement, well-built paths, etc.
- Lighting – are routes lit the whole way or only part way.
- Off-road path option – is there an opportunity to travel on paths rather than footways or carraigeways.
- Features of interest – provide basic information or links to any features of interest en route.
- Route maps – provide via links to other websites.
- Route from the rail station (if relevant).

For walking, also include information on:

- Public transport – bus services, routes and frequency, and where the nearest stop is to your premises.
- Route from the bus station (if relevant).

For cycling, also include information on:

- National Cycle Network routes and other designated regional and local cycle routes.
- Bicycle parking – is it secure and/or covered; where is it located.
- Showering facilities – if these are available.

Connections to other places

The amount of information you give on where train and bus services connect to will depend on your location. In a major town or city you do not need to list connections. For premises in smaller places give information on where trains and buses connect to, frequency of service and duration of journey.

For some people car travel will be unavoidable so it is important to provide helpful information. Car sharing should be encouraged wherever possible and directions for travelling by car should start with this followed by park and ride facilities, if these are available. Alternatively, try to offer a 'park and stride' option to allow people a 10 to 20 minute walk to your premises.

Active travel facilities at your premises

Clearly explain the arrangements for bicycle parking/storage, including any indoor storage areas and how to gain access to this. If your premises do not have bicycle parking, consider installing secure, covered racks and signs to help visitors find them.

Clearly explain arrangements for visitor showering facilities.

Make sure reception staff are aware that there may be requests from visitors for cycle storage and/or access to showering facilities.

Links to useful information

Public transport

Traveline - up to date timetable information to get you to your destination by the quickest public transport mode

- www.travelinescotland.com
- www.traveline.org.uk
- 0870 608 2 608; minicom 0870 241 2216

Transport Direct - door-to-door travel information for both public transport and car journeys around Britain. This site also offers a [carbon calculator](#) which demonstrates carbon savings from replacing a car journey with active travel.

www.transportdirect.info

Rail

Scotrail – information on rail timetables & connections, fares, train and station facilities and scheduled engineering works.

- www.scotrail.co.uk
- 08457 55 00 33

National Rail Enquiries - provides information on train fares across the UK and up-to-the-minute details of any service changes.

- www.nationalrail.co.uk
- 08457 48 49 50; minicom 084560 50 600

Route maps/directions

There are a number of online tools that are useful for planning routes. Many offer a search by post code facility so be sure to provide the full post code for your premises.

- Streetmap
Street and road map search facility
www.streetmap.co.uk
- Google Maps
Street map and directions by mode (walking, cycling, public transport and car). Distance and timings given.
www.google.com/maps
- Walkit (in Scotland currently only covers Aberdeen, Edinburgh, Glasgow and Perth)
Walking route maps between any two points, including journey time, calorie burn, step count and carbon saving.
www.walkit.com
- CycleStreets
UK cycle photomap and journey planner, including options for the fastest and quietest routes.
www.cyclestreets.net
- National Cycle Network
Search by post code or location to find NCN routes.
www.sustrans.org.uk/ncn/map
- Journeys. A Greener Way from A to B
Free app from Greener Scotland to add, record and repeat short trips by bicycle and foot. Compatible with iPhone, iPad, and iPod touch.
www.greenerScotland.org/greener-travel
- The AA Route Planner
Plan driven routes by post code or location.
www.theaa.com

Car sharing and Park & Ride

Information on car sharing and park & ride facilities will be available from the Regional Transport Partnership for your area.

- Shetland Transport Partnership (ZetTrans), www.zettrans.org.uk

- Highlands and Islands Transport Partnership (HITRANS), covering the Western Isles, Orkney, Highland, Moray and most of the Argyll and Bute area (Helensburgh and Lomond is covered by SPT) - www.hitrans.org.uk
- North-East of Scotland Transport Partnership (NESTRANS), covering Aberdeen City and shire - www.nestrans.org.uk
- Tayside and Central Scotland Transport Partnership (TACTRAN), covering Angus, Dundee City, Perth & Kinross and Stirling – www.tactran.gov.uk
- South-East of Scotland Transport Partnership (SESTRAN), covering City of Edinburgh, Clackmannanshire, East Lothian, Falkirk, Fife, Midlothian, Scottish Borders and West Lothian – www.sestran.gov.uk
- Strathclyde Partnership for Transport (SPT), covering East Dunbartonshire, East Ayrshire, East Renfrewshire, Glasgow City, Inverclyde, North Ayrshire, North Lanarkshire, Renfrewshire, South Ayrshire, South Lanarkshire, West Dunbartonshire and the Helensburgh and Lomond area of Argyll and Bute – www.spt.co.uk
- South-West of Scotland Transport Partnership (Swestrans), covering Dumfries & Galloway – www.swestrans.org.uk

Choosing off-premises event venues

Significant travel is generated by events held at off-premises venues, such as conference centres, hotels and sporting venues. For delegates, these are often one-off trips to unfamiliar locations, so active travel information could be especially useful. When planning an event, take into account the ease of access by walking, cycling and public transport; try not to select venues whose location has been designed solely with car access in mind. The venue will be able to provide particular information on:

- Access by foot – are there pedestrian footways on the site, attractive shortcuts, pedestrian-only entrances?
- Cycle access, cycle parking on site.
- Information and directions published by the venue – are they compliant with this guidance? If not, is the venue willing to upgrade them?

Other resources

Developing a Travel Plan

A Travel Plan is an essential tool for organisations big and small. It is about promoting more sustainable transport choices; helping you reduce costs, save time, lessen your impact on the environment and increase productivity.

www.chooseanotherway.com

Walk at Work

Paths for All supports workplace walking in a number of effective and fun ways. A more active workforce will bring organisational as well as individual benefits.

www.pathsforall.org.uk/pfa/walk-at-work/walk-at-work.html

Workplace Health and Active Travel

Information, ideas, activities and resources for encouraging a more active workforce.
www.healthatwork.org.uk/workplace

Walk to Work Week - annual online team-based challenge from Living Streets.
www.livingstreets.org.uk/walk-with-us/what-a-walk-to-work-week

Eco-driving

If some staff or visitors cannot avoid using the car, encourage them to adopt efficient driving techniques.

www.energysavingtrust.org.uk/Travel/Driving

Active & sustainable travel directions checklist

This checklist and the example in the next section will help you to produce your own travel directions.

Introduction

- A general statement about why your organisation is encouraging active and sustainable travel.
- Full contact details for your premises, including – address, postcode, telephone and email.
- A brief description of where your premises are located.
- Arrangements for showering facilities (if available).
- Overview map of general location of your premises.

Route information

- Detailed information on walking and cycling routes to your premises from the main transport hubs or key points of reference, including:
 - Distance
 - Duration
 - Terrain
 - Surface type
 - Total ascent
 - Lighting
 - Off-road options
 - Features of interest
- Information ordered in accordance with the healthy mode hierarchy – walking first, then cycling, then public transport, lastly car journeys.
- Arrangements for cycle parking and storage.
- Links to online route maps/directions –
 - For walking
 - For cycling

Connections

- Information on connecting rail services including frequency and duration of journey.
- Information on regional and local bus services including service numbers, stop locations, frequency and duration of journey.
- Links to online rail and bus information, timetables etc.

Other useful information

- Local taxi numbers.
- Information about car sharing.
- Information about Park & Ride facilities.
- Places to park for Park & Stride options.
- Directions for journeys by car.
- Links to online journey planning for drivers.
- Links to online advice for eco-driving.
- Information on where to park at your premises.

Active & Sustainable Travel Directions to PfA Offices

Paths for All is committed to increasing physical activity through everyday walking and cycling. We support and promote active travel not just for its value as healthy modes of travel, but also for the environmental benefit from reduced emissions and congestion associated with less car journeys; and for the benefits of community cohesion and support for local economies that comes from more people walking and cycling for short journeys.

Office 8, Forrester Lodge, Tullibody Road, Alloa FK10 2HU

Inglewood House is clearly signposted from Tullibody Road and is a large mansion house set well back in parkland, situated approximately 1 mile from Alloa rail station near the town centre. Our office is in Forrester Lodge which is situated 100 yards past the main rear entrance to Inglewood House.

Visitor showering facilities are available. Please ask the member of staff you are visiting for access. Towels and toiletries are not provided.

We encourage all visitors to enjoy the grounds at Inglewood and fit a walk into their day – we have three maps available detailing short, ten minute routes.

Click [here](#) for Inglewood House location map.

On foot from Alloa railway station

Distance – approximately 1 mile (1.6 km).

Time – approximately 20 minutes at moderate pace.

Terrain – mainly flat with very slight incline at times.

Total ascent – 82 feet (25 m).

Surface – sealed tarmac pavements/roads on entire route.

Lighting – on entire route.

Off-road path option – no.

Features of interest – [Alloa Town Hall](#).

Turn right up the A907 ring road and continue to the roundabout at Alloa Town Hall. Proceed along the B9096 Mar Place leading onto Tullibody Road. Continue on this road approximately half a mile – Inglewood is clearly signposted on the right.

From the main bus stance in Shillinghill, turn right up Drysdale Street and continue to the roundabout at Alloa Town Hall.

Route maps/directions

[Streetmap](#)

[Google maps](#)

[Journeys. A Greener Way from A to B](#) – free app (compatible with iPhone, iPad, and iPod touch).

By bicycle

For the cycling route from Alloa railway station please refer to the walking route above. Alloa is on the National Cycle Network On-Road route, full details of which can be found on Sustrans' website at the link below. There is a designated cycle parking rack at Inglewood House where you can secure your cycle. This is located near the disabled access ramp to the rear of the main building. Please ensure you do not encroach on the ramp area.

Route maps/directions

[CycleStreets](#)

[National Cycle Network](#)

[Google maps](#)

[Journeys. A Greener Way from A to B](#) – free app (compatible with iPhone, iPad, and iPod touch).

By public transport (nearest bus station is situated in Stirling approximately 8 miles away)

For a personalised journey plan by public transport go to [Traveline Scotland](#), helpline 0871 200 22 33, open 24 hours a day.

Train

The railway station in Alloa is situated in the centre of town at Station Road.

There are trains approximately every hour from Stirling Rail Station and the journey takes about 15 minutes.

For information on train fares and up-to-the-minute details of service changes go to [Scotrail](#) or [National Rail Enquiry Service](#), 0845 748 4950, minicom: 0845 605 0600)

Bus

In Stirling the bus station is situated immediately next to the train station. A regular, half hourly service runs to Alloa and takes approximately 20 minutes. Please ensure you board a bus which is coming to Alloa via Tullibody (not the Hillfoots area which will take much longer). The nearest stop is on Tullibody Road close to the entrance to Inglewood House and a 2 minute walk from Forrester Lodge.

There are also services from Dunfermline to Stirling and Falkirk to Alloa, please click on the following link for full timetables: [Inglewood - local bus timetables](#) (Customer services 0870 872 7271)

Taxis

A taxi from Stirling will take about 10 minutes.

- Braehead Taxis, Stirling 01786 445544 or 446644
- Buchan Cars, Alloa 01259 213215 or 725213

By car

Car Sharing

If travel by car is unavoidable and you travel regularly to our premises, please consider [car sharing](#) to save money and reduce the environmental impact of your

commuting. Alternatively, for those attending one-off meetings, we will put you in touch with others travelling to Inglewood House at the same time, on request.

Park & Stride

Take the opportunity to park in the car park opposite the rail station (accessed via King Street) and then take the walking route (see above) to Inglewood House. This will give you a relaxing and pleasant 20 minute walk.

Alternatively, if travelling south on Tullibody Road, turn right into Gean House and park in the farthest car park. This will give you a very pleasant 10 minute walk to Inglewood House. Simply walk back down to Tullibody road, turn right and continue to the crossing, cross to the far opposite footway beyond the grass verge, turn right and continue for approximately 50m, take the off-road path on your right through the trees. This path passes the duck pond and into the grounds of Inglewood House.

From the North

Journey time approximately 15 minutes from M9/A9 at Dunblane.

- Follow the **A9 South** to the roundabout with the M9 south of Dunblane
- Follow signs for **Bridge of Allan** (still on A9) and carry on through the town to next major roundabout
- Follow exit for **Alloa on A 907**, continue on this road until **B9096 Tullibody**
- Go through Tullibody and continue into Alloa - Inglewood Business Centre is on your left (opposite the bus stop) after a pedestrian crossing with traffic lights.

From the South East (Edinburgh)

Journey time approximately 15 minutes from exiting the M9.

- Exit the M9 at Junction 7 signposted for Kincardine Bridge & Clackmannanshire Bridge.
- At first roundabout exit second left, **onto Clackmannanshire Bridge**, following signs for Alloa.
- At next roundabout take first exit.
- At the next roundabout take the second exit to Alloa on the **A907**.
- Continue straight through the next 5 roundabouts.
- At the roundabout in front of Alloa Town Hall, take the third exit **B9096** to Tullibody and travelling for approximately quarter of a mile.
- Inglewood Business Centre is signposted on the right.

From the South West (Glasgow) – journey time approximately 15 minutes from M80 motorway:

- Exit the **M80 at Junction 9** for Stirling and take the third exit at the roundabout signposted **A91 Alloa**.
- Continue on this road until you pick up the sign for **Alloa on A907**, then Tullibody on **B9096**.
- Go through Tullibody and continue into Alloa - Inglewood Business Centre is on your left (opposite the bus stop) after a pedestrian crossing with traffic lights.

Please drive as efficiently as possible. There is ample parking to the front and rear of the main building. For a personalised journey plan by road go to [the AA](#).

Great Glen House, Leachkin Road, Inverness IV3 8NW

Great Glen House is clearly sign-posted from Leachkin Road and is the Inverness Headquarters of Scottish Natural Heritage. It enjoys an elevated position on the outskirts of Inverness, west of the Caledonian Canal and just under 3 miles south-west of the city centre. We encourage all visitors to enjoy the grounds at Great Glen House and fit a walk into their day.

Visitor showering facilities are available. Please ask the member of staff you are visiting for access. Towels and toiletries are not provided.

Click [here](#) for Great Glen House location map.

Please note that there is a swing bridge over the Caledonian Canal on Tomnahurich Road. You will not be able to pass when the bridge is open.

On foot from Inverness town centre

Distance – approximately 2.7 miles (4.3 km).

Time – approximately 1 hour at moderate pace.

Total ascent – 302 feet (92 metres).

Surface – sealed tarmac pavements.

Lighting – on entire on-road route; partly on off-road route.

Off-road path option – yes, on the Great Glen Way between River Ness and Great Glen House (see link below).

Features of interest – [River Ness](#); [Ness Islands](#); [Caledonian Canal](#).

From the main entrance of the train station turn left into Academy Street, then right into Queensgate and continue into Fraser Street. At the end of Fraser Street turn right into Bank Street. Cross the river at the Greig Street Bridge, continuing into Greig Street. Cross over Kenneth Street and continue to the end of Fairfield Road. Cross the canal, turn left into Canal Road, after 100m veer off to the right at the Whinpark spur with Canal Rd (still on Canal Rd) and continue to the end. Turn left into General Booth Road. Take the first right into Leachkin Road. After approximately 1.5 km you will pass New Craigs Hospital, Great Glen House is then first left.

Route maps/directions

[Google maps](#)

[Streetmap](#)

[Great Glen Way, Stage 6](#)

[Journeys. A Greener Way from A to B](#) – free app (compatible with iPhone, iPad, and iPod touch).

By bicycle

From City Centre (rail station) on a direct road route

Distance – approximately 2.82 miles (4.5 km).

Total ascent – 314 feet (96 m).

Surface – sealed roads.

Lighting – on entire on-road route; partly on off-road route.

Off-road path option – yes, on the Great Glen Way between River Ness and Great Glen House (see link below).

Features of interest – [River Ness](#); [Ness Islands](#); [Caledonian Canal](#).

From the main entrance of the train station turn right into Academy St, joining onto Chapel Street. At the roundabout turn left onto the A82. At the next roundabout turn right (4th exit) into Telford Street. Once over the canal take the second left into King Brude Road, then third right into Leachkin Road. After approximately 1.5 km you will pass New Craigs Hospital, Great Glen House is then first left.

Covered, secure bicycle parking is available. Please ask the member of staff you are visiting for access.

Route maps/directions

[CycleStreets](#)

[National Cycle Network](#)

[Google Maps](#)

[Journeys. A Greener Way from A to B](#) – free app (compatible with iPhone, iPad, and iPod touch).

By public transport

For a personalised journey plan by public transport go to [Traveline Scotland](#), helpline 0871 200 2233, open 24 hours a day.

Train

The railway station is in Inverness town centre. For information on train fares and up-to-the-minute details of service changes go to [Scotrail](#) or [National Rail Enquiry Service](#), 0845 748 4950, minicom 0845 605 0600).

Bus

The bus journey to Great Glen House takes approximately 20 minutes from Inverness city centre and buses leave every 20 minutes. Bus no. 2 leaves from Academy Street which is less than a 5 minute walk from the train and bus stations.

From the bus station, walk down Margaret Street, turn right and walk down Academy Street. From the train station, leave via the front exit to Academy Street, turn right and walk down Academy Street. The bus stop is outside Farmfoods on the opposite side of Academy Street.

The nearest stop for Great Glen House is on Leachkin Road at the entrance to Great Glen House.

[View the current bus timetable here.](#)

Taxis

A taxi from the town centre will take approximately 10 minutes to reach Great Glen House (longer if the swing bridge is open). There are several taxi ranks in the town

centre at the bus station and train station. Alternatively, phone Inverness Highland Taxis on 01463 222222.

By car

Car Sharing

If travel by car is unavoidable and you travel regularly to our premises, please consider [car sharing](#) to save money and reduce the environmental impact of your travel to our office. Alternatively, for those attending one-off meetings, we will put you in touch with others travelling to Great Glen House at the same time, on request.

Park & Stride

Take the opportunity to park in the vicinity of the Leachkin Road/Leachkin Brae junction then walk the rest of the way to Great Glen House. This will give you a refreshing 15 minute walk on sealed pavements all the way.

From the North [A9] - avoiding city centre

- From north, cross Kessock Bridge and then...
- At Longman Roundabout (the first roundabout after the Kessock Bridge) take the 3rd exit onto Longman Road - B9168
- Follow signs for A82 – You will see Tiso, Wickes and B & Q on your right
- At Harbour Road Roundabout carry straight on (2nd exit) on Longman Road - A82 (signposted Fort William, Town Centre)
- At Rose Street Roundabout carry straight on (2nd exit) on Longman Road - A82 (signposted Dingwall, Ullapool)
- At Shore Street Roundabout take the 2nd exit onto the A82 (signposted Beauly, Dingwall, Fort William)
- Cross Friars Bridge
- At Telford Street Roundabout take the 4th exit onto Telford Street - A862 (signposted Beauly, Dingwall) - you will see Lidl and Currys on your left
- At the next roundabout go straight on (2nd exit) onto Clachnaharry Road - A862 (signposted Beauly, Dingwall)
- Turn left onto King Brude Road (signposted Fort William A82, Kinmylies, Leachkin) – up steep hill
- At traffic signals turn right onto Leachkin Road (signposted Leachkin) up steep hill, go straight on at roundabout
- Continue past New Craigs Hospital (on left) and turn left into Great Glen House

From the East (A96) - avoiding city centre

- From A96, onto Raigmore roundabout and then...
- At Raigmore roundabout take the 3rd exit, then merge onto the A9 (signposted Fort William, Ullapool, Wick) entering Inverness
- At Longman Roundabout (just before the Kessock Bridge) take the 1st exit, turning left onto Longman Road - B9168 – slip road
- Follow signs for A82 – You will see Tiso, Wickes and B & Q on your right
- At Harbour Road Roundabout carry straight on (2nd exit) on Longman Road - A82 (signposted Fort William, Town Centre)

- At Rose Street Roundabout carry straight on (2nd exit) on Longman Road - A82 (signposted Dingwall, Ullapool)
- At Shore Street Roundabout take the 2nd exit onto the A82 (signposted Beauly, Dingwall, Fort William)
- Cross Friars Bridge
- At Telford Street Roundabout take the 4th exit onto Telford Street - A862 (signposted Beauly, Dingwall) - you will see Lidl and Currys on your left
- At the next roundabout go straight on (2nd exit) onto Clachnaharry Road - A862 (signposted Beauly, Dingwall)
- Turn left onto King Brude Road (signposted Fort William A82, Kinmylies, Leachkin) – up steep hill
- At traffic signals turn right onto Leachkin Road (signposted Leachkin) up steep hill, go straight on at roundabout
- Continue past New Craigs Hospital (on left), turn left into Great Glen House

From the South (A9) - avoiding city centre

- From A9 northbound, go past main roundabouts signposted for Inverness, continue to roundabout just before Kessock Bridge (Do not go over bridge!) and turn left onto slip road
- Follow signs for A82 – You will see Tiso, Wickes and B & Q on your right
- At Harbour Road Roundabout carry straight on (2nd exit) on Longman Road - A82 (signposted Fort William, Town Centre)
- At Rose Street Roundabout carry straight on (2nd exit) on Longman Road - A82 (signposted Dingwall, Ullapool)
- At Shore Street Roundabout take the 2nd exit onto the A82 (signposted Beauly, Dingwall, Fort William)
- Cross Friars Bridge
- At Telford Street Roundabout take the 4th exit onto Telford Street - A862 (signposted Beauly, Dingwall) - you will see Lidl and Currys on your left
- At the next roundabout go straight on (2nd exit) onto Clachnaharry Road - A862 (signposted Beauly, Dingwall)
- Turn left onto King Brude Road (signposted Fort William A82, Kinmylies, Leachkin) – up steep hill
- At traffic signals turn right onto Leachkin Road (signposted Leachkin) up steep hill, go straight on at roundabout
- Continue past New Craigs Hospital (on left), turn left into Great Glen House

From the South (A82)

- From A82 northbound, then...
- Turn left onto unclassified road signposted Kilvean Cemetery and Crematorium
- Take left hand fork and go up hill past hospital buildings and new housing estate (Balmacaan)
- Go straight over roundabout to Leachkin Road
- Continue along Leachkin Road for a short distance and turn right into Great Glen House

Please drive as efficiently as possible. There is ample parking which is first left after entering and also disabled parking to the right just in front of the Great Glen House. For a personalised journey plan by road go to [the AA](#).