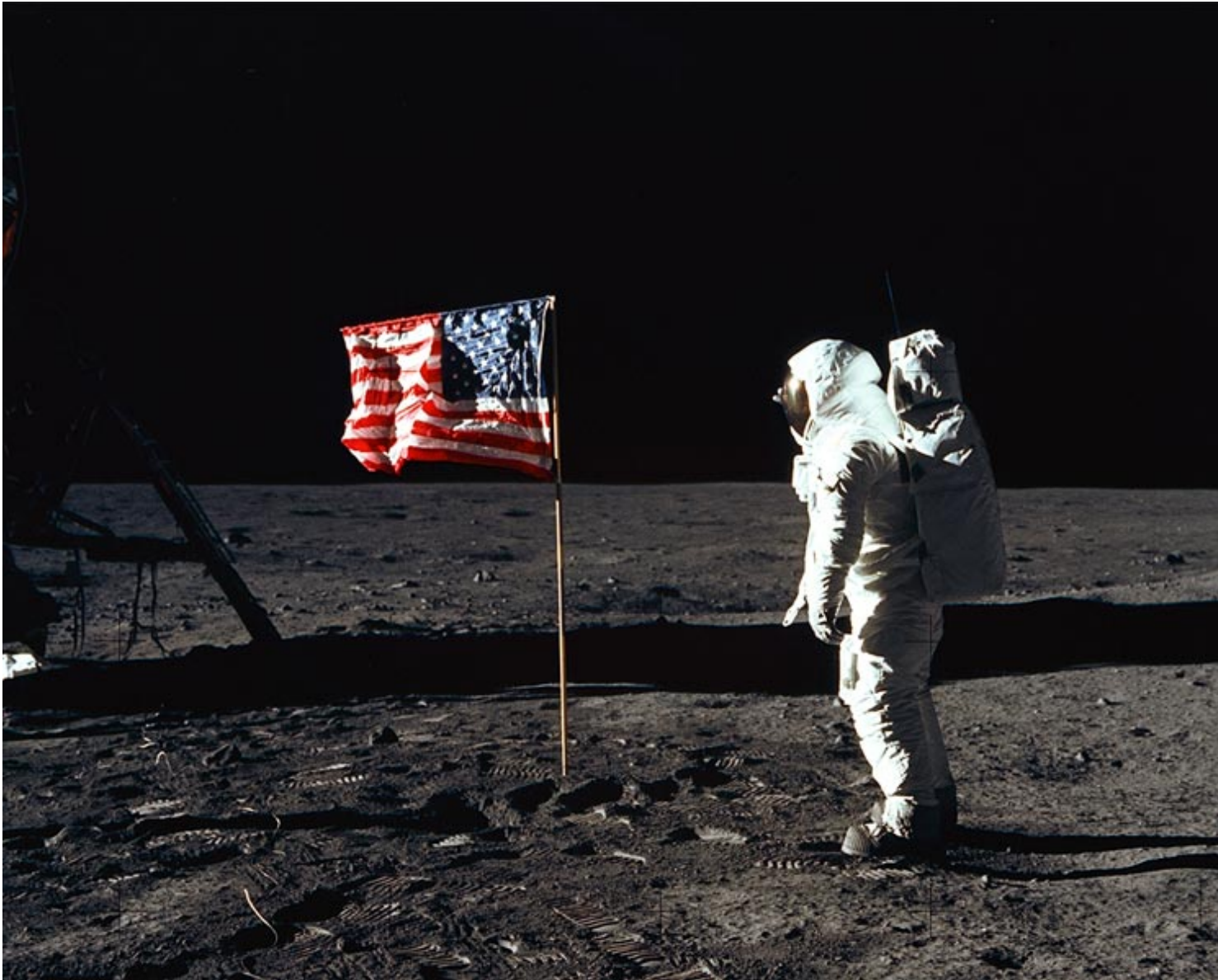


## One small step...

Written by Carl

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Well, we've reached the moon. A mere 238,857 miles in 5 weeks. When Neil Armstrong made his historic first steps on the moon he said,

"That's one small step for man, one giant leap for mankind."

This got us thinking. What would be your first words if you were in Neil's shoes? What message

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would you send to the folks back home?

If you send a quote you'll be entered into another prize draw. 3 teams will receive the ingredients for the perfect tea break and 3 runners up will receive a selection of Walk at Work merchandise. We'll post a selection of your responses on the blog.

Email your alternative moon landing messages to us at [walkatwork@pathsforall.org.uk](mailto:walkatwork@pathsforall.org.uk) Please send in your entries by Friday 25 March.