



Paths to Health Workplace Training Courses - Booking Form

Which course are you interested in booking:

(Please tick relevant box(es))

Workplace Walk Organiser¹

Workplace Walk Leader²

Combined Workplace Walk Organiser and Leader³

¹Five hour course. Aimed at key, motivated individuals in workplaces who will be the focal point for promoting walking at work. They will then recruit and coordinate a team of Walk Leaders and take the lead in promoting the idea across the workforce.

²Three hour course. Aimed at motivated members of staff who are willing to lead walks at work, during lunchtimes or after work, either as part of their job or as a volunteer.

³Seven hour course combining the main aspects of the organiser and leader syllabus, more appropriate for small organisations with limited staff resources.

Contact details

Title	<input type="text"/>	Name	<input type="text"/>
Job title	<input type="text"/>		
Address	<input type="text"/>		
	<input type="text"/>	Postcode	<input type="text"/>
Telephone	<input type="text"/>	Fax	<input type="text"/>
E-mail	<input type="text"/>		

Materials to support the course will be sent to the address above unless requested otherwise.

Provisional dates requested for training

Please give at least three date options one month from now

Preferred start/finish times

(please see course description for number of hours per course)

Location of training?

Including room name and postcode



**Would you like your course to be advertised on the website.
i.e open to volunteers from other local organisations?**

Yes

No

Expected number of participants

Tell us about your 'workplace health walk' project and why your workplace has got involved?

How will you recruit the participants for the health walks and promote your project?

How will you encourage those who will benefit most from becoming more active?

Who will co-ordinate the volunteers following the training day?

What support will be available to them?

Course charges are £400 for the full day courses and £300 for the half day course.

Please supply invoicing name, address and purchase order number if applicable below.

Please complete and return to:

Karell Sime, Paths to Health, Great Glen House,
Leachkin Road, Inverness, IV3 8NW

OR email: karell.sime@pathsforall.org.uk

